BABY POTATO SALAD WITH YOGURT DRESSING

¥ 4 SERVINGS

(L) 30 MINUTES

INGREDIENTS

2½ pounds baby potatoes

- 1 cup plain Greek yogurt
- 2 tablespoons olive oil
- 2 tablespoons apple cider vinegar
- 1 teaspoon Dijon mustard

1 clove garlic, finely chopped (optional)

- 1/4 cup chopped basil
- 1/4 cup chopped parsley
- 1/4 cup sliced scallions
- 1/2 cup sliced celery
 SALT TO TASTE

DIRECTIONS

- To prepare the potatoes, place them in a large pot and cover with water. Bring water to a boil, then reduce to low heat and simmer until potatoes are tender.
- 2. Drain potatoes well and set aside to cool. Cut potatoes into large chunks.
- 3. Meanwhile, prepare the dressing by combining the plain Greek yogurt, olive oil, apple cider vinegar, Dijon mustard, garlic (if using) and salt to taste in a small bowl. Whisk well.
- 4. Add the potatoes, basil, parsley, scallions and celery to a large bowl. Add the dressing and mix well.
- 5. Refrigerate for one hour before serving, or up to 3 days.

FRESH COOKING AT BITES ESSEX MARKET



QUICK TIPS

- Baby potatoes come in white, purple and red colors. Combine all three for more nutrition!
- Instead of boiling, cut baby potatoes in half and roast in a 375-degree oven for 20 minutes or until golden.
- One serving of baby potatoes has more potassium than a banana!

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