ZUCCHINI FRITTERS

¥ 4 SERVINGS

(L) 25 MINUTES

INGREDIENTS

2 medium zucchini, grated

1 teaspoon salt

2 scallions, thinly sliced

1 egg, whisked

1/2 cup flour

1/2 teaspoon baking powder

SALT TO TASTE

DIRECTIONS

- 1. Place grated zucchini in a colander over a medium bowl and sprinkle with salt. Toss and let sit for 10 minutes until zucchini releases some of its water. Squeeze dry with towels.
- 2. Rinse the medium bowl and add zucchini, scallions, egg, flour and baking powder. Stir well to combine.
- 3. Heat a large frying pan over medium heat. When warm, coat the bottom of the pan with oil. Add ¼ cup zucchini mixture and spread into a circle.
- 4. Cook fritters until the edges are golden, about 3-4 minutes. Flip and cook 3 minutes more, or until the fritters are cooked.
- 5. Drain fritters on paper towels and serve immediately.

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- Store fritters in a 200-degree oven until you're ready to eat so that they stay warm.
- Top your fritters plain yogurt or low-fat sour cream.
- Swap zucchini for other summer vegetables like beets for new fritter combinations!

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